

ANNUAL REPORT TO THE COMMITTEE ON ACCREDITATION FOR THE EXERCISE SCIENCES

Regis University
Health and Exercise Science

Date: 3/7/2022

Data reported in SECTION I are for the academic year: August 2020 to July 2021

Name of Program's Sponsoring Institution: Regis University

Address: 3333 Regis Blvd. Denver, CO 80221

Institutional Accrediting Agency:

Agency: Higher Learning Commission

Last Accreditation Date: 2018

Chief Administrative Officer of Sponsoring Institution and Credentials: Cody Teets, Interim President

Chief Academic Officer of Sponsoring Institution and Credentials: Karen Riley, PhD, Provost

Dean/Administrator and Credentials: Mark F. Reinking, PT, PhD, ATC, FAPTA, Dean and Professor

Program Director and Credentials: Erin Choice, PhD, CSCS

Has the program been inactive at least one of the last two years? No

Are all affiliation agreements signed and up-to-date? Yes

Evaluate the program specific budget. Is it adequate to achieve program goals and outcomes? If not, provide a plan of action describing how the program will comply. The budget is adequate

RETENTION

Results: 95.7% Data reported are for the academic year of: August 2020 to July 2021

List all class completion dates within the academic year listed above:

Fall 2020 ends December 11th, 2020

Spring 2021 ends May 2nd, 2021

Summer 2021 ends August 20th, 2021

Admitted: 22 Continuing: 21 Retention Rate: 95.7 %

Committee on Accreditation for the Exercise Sciences (CoAES)

Commission on Accreditation of Allied Health Education Programs (CAAHEP)

GRADUATION RATE:



RHCHPBS in Health Exercise Science Program Sustainability							
Assessment of Trends	FYR2015	FYR2016	FYR2017	FYR2018	FYR2019	FYR2020	3-Year Average
Program New Starts (Major Declarations)	29	19	40	30	34	6	23
Program Student Headcount	79	101	90	128	119	96	114
Program Actual Credit Hours (CH)	908	1,227	1,277	1,480	1,304	1,157	1,314
Program Budget Credit Hours (CH)	992	1,264	1,305	1,134	1,171	1,172	1,159
Program Variance of Credit Hours: Actual/Budget	91.5%	97.1%	97.9%	130.5%	111.4%	98.7%	113.5%
Resource Efficiency							
Program Revenue Variance: Actual \$/Budget \$	N/A	99.50%	126.30%	153.8%	108.2%	107.4%	123.1%
Overall Regis University Revenue Variance	96.40%	101.50%	98.30%	100.0%	97.0%	94.1%	97.0%
College Contribution Margin (net)	49.00%	52.00%	54.00%	55.0%	56.0%	N/A	55.5%
College Rank of University Contribution Margin	4	5	4	4	4	N/A	4
Program Rank Among University Overall Net Tuition	N/A	N/A	42	25	24	29	24
Student Success Indicators							
Program 6-Year Graduation Rate	N/A	N/A	100.0%	100.0%	100.0%	94.1%	98.0%
Program Retention Rate	95.6%	98.6%	96.8%	98.1%	97.6%	95.7%	97.1%
Program Total Completions	5	13	19	26	40	21	29.0
Program Rank in Completions Among Regis Programs	59	47	33	28	27	35	30.0
Relevance and Demand	Score	% Rank	Additional Notes				
Program Student Demand (-5 to +22)	11	98.8%	The GrayAssociates data in the Relevance and Demand section is as of March 2019. No new data available as we ended the contract with GrayAssociates 31.0505 was used for Gray's Data				
Program Employment Opportunities (-18 to +20)	-2	58.1%					
Program Degree Fit (-50 to +10)	10	76.2%					
Program Competitive Intensity (-14 to +22)	6	63.4%					
Program Overall Score (-87 to +74)	25	96.2%					
Mission & Institution Fit (300 word maximum)							
<p>Within the School of Physical Therapy at Regis University, the Health and Exercise Science program (HES) is dedicated to providing value centered education within the Jesuit Catholic tradition. This program is designed to prepare graduates to use strategies that help reduce health risk and increase overall health of the individual and the community, as well as evaluate and advocate for policies that influence public health for the common good. Special attention is placed on developing an appreciation of the uniqueness of the individual and recognition of how this individuality influences health and wellness of diverse populations. HES is offered as both a Bachelor of Science program and as a minor that complements the student's interests in other programs within Regis College. The design of the program is a mix of courses that address the scientific basis of exercise and wellness, and the behavioral and environmental aspects of health and wellness across communities. This curricular design allows the student choices as to their specific interest in Health and Exercise. The foundation of this major is contemporary scientific and behavioral knowledge of exercise to develop graduates who are critical thinkers as they serve as contributing members of their chosen community. As a part of the Health and Exercise Science program, experiential opportunities are placed throughout the program to elevate the academic experience. These experiential opportunities are both a part of the didactic learning and the development of the individual as they address contemporary health problems in light of our shared mission to promote social justice and care for the whole person. In this way, the student can be seen working in the context of Ignatius Loyola's vision that students use their skills in service of the common good, the promotion of social justice and with concern for the whole person.</p>							

GRADUATE PLACEMENT: class of 2021

Graduates employed within 1 year of graduation	64%
graduates admitted to higher degree program	+ 36%
total graduates	÷ 100%
% Placement	= 100%

Analysis of results: 149 total graduates between May 2016 and May 2020: 24 % entered DPT program immediately, 9% entered Master's program immediately, 3 % entered OTD program immediately, 2% entered a PharmD or accelerated nursing program. 15% gained immediate employment as support staff in physical therapy clinics, 13% gained immediate employment in strength and conditioning, coaching, or personal training. 6% gained employment working in a hospital setting. The remainder gained employment within 12 months of graduation, but the job title was not specified.

Provide dates for when the Advisory Committee met during the academic year. If the Advisory Committee did not meet, please provide a reason why. November 17, 2020 and May 17, 2021.

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Origination Date: September 27, 2004; July 31, 2008; March 17, 2009; September 11, 2009, Updated January 29, 2014 ; Updated April 14, 2019; Updated April 13, 2019